



a program of **Alternatives**

Bridges is a community program serving the lower 27 townships of LaSalle County. As a part of the Aging & Disability Resource Network (ADRN), Bridges is a “mobile center” that provides the following:

Information & Assistance—Provides specific information on private, public and volunteer services and links individuals to the available benefits and services.

Senior Health Insurance Program (SHIP)—Bridges is certified SHIP site that can provide Medicare counseling, information and assistance and enrollment assistance.

Community Outreach—Our Outreach Worker seeks out the older population in their home to give information on and help them gain access to available benefits and services. If you are interested in arranging a visit from our Outreach worker please call 815-431-8034.

Senior Health Assistance Program (SHAP)—Bridges can provide assistance with benefit applications: SNAP (Food Stamps), Low Income Subsidy/Extra Help, Medicare Savings Program and Benefit Access (License Plate Sticker Discount and Ride Free Transit Cards).

Family Caregiver Support—Bridges has information, assistance and referrals for those caring for a family member through our Family Caregiver Support Program. Family caregivers and grandparents or older individuals who are relative caregivers can benefit from these services. Check out our Caregiver Lending Library at our Peru Office location by appointments only!

Options Counseling—Assistance for adults and caregivers through an independent decision support process to determine community based care choices. The individuals' circumstances, needs, preferences and values are the foundation of this service.

Notary Public—Bridges has a notary public on staff. Please call before you come to ensure they are able to assist you.

Community Program—Bridges offers activities at various locations such as computer classes, card games, blood pressure checks, defensive driving classes, Bingo, fitness classes, education programs, enrollment events, potlucks & holiday parties. Call Bridges Senior Center for information about Community Programs or check our website or Facebook page.

Main Location:

809 21st Street Peru, IL 61354

Hours: M-F 8:30am-4:30pm

815-431-8034

Satellite & Outreach Office Locations

Once a month *by appointment only*

Bruce Township Hall, 216 N. Sterling Street—**Streator** (1st Wednesday of the Month)

Goodwill Meeting Room, 501 W. Stevenson Road—**Ottawa** (2nd & 3rd Wednesday of the Month)

American Legion Hall, 571 Rutland Street—**Marseilles** (4th Wednesday of the Month)

For more information call Bridges Senior Center 815-431-8034