



Care Coordination – professionally certified personnel visit with each person in their home (which may include a nursing home) to complete a free, comprehensive assessment. Providing key resource information, we connect individuals to the right community supports for retaining as much independence and quality of life as possible.

Ombudsman – providing a listening ear, Ombudsmen meet with nursing home residents to help resolve concerns or complaints.

Adult Protective Services – investigating and resolving reported cases of abuse, neglect or financial exploitation for older adults (over age 60) or adults with disabilities, (age 18-59).

Assistance with Money Management – assisting individuals with bill paying, including writing checks, budgeting and balancing the checkbook.

Supportive Counseling – offering resource and supports for those trying to navigate new challenges in their caregiver role.

Bridges Community Program – Bridges is the designated Aging and Disability Resource Center for the lower two thirds of LaSalle County. It offers options counseling and assistance with benefits registration including Medicare, Medicaid, state supported programs or other available benefits. Bridges also provides a full calendar of events, classes and potlucks for older adults.

For more information call

(800) 798-0988 or (309) 277-0167

www.alternativesforyour.org

YOUR RESOURCE FOR INFORMATION

Designated by the State of Illinois, Alternatives is the lead advocate to find solutions for older adults, adults with disabilities, and their families throughout the counties of Rock Island, Henry, Mercer, Knox, Warren, Henderson, McDonough, Bureau, LaSalle and Putnam.